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# Story Circles (UNESCO)





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## Story Circles

**involve the sharing of personal experiences in small groups for the development of intercultural competence such as empathy, cultural and self-awareness.**





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# Story Circles

work on the premises that:

- Everyone has personal experiences to share
- We can all learn from each other
- Listening for understanding can change us





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# Story Circles

## How does it work?

**Size:** groups of 3-6

**Time:** 90-120 minutes

**Procedure:** Participants are given prompts that address intercultural competence to which they respond in turn while their group mates listen for understanding.

No questions or comments are allowed while a member of the group is speaking in order to minimize judgement and maximize understanding. A safe space is created.

Two rounds of storytelling are followed by a final group discussion



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# Story Circles

## Let's give it a try!

**Time:** 1 minute per person

**Prompt:** Please tell us your name and the story about your name.  
(e.g. what does it mean? How did you come to have this name?)

**Rules:**

- Please do not give verbal or non-verbal comments during someone's story.
- Each person keeps their own time so one will be interrupted when their time is up.



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# Story Circles

## Let's give it a try!

**Time:** 3 minutes per person

**Prompt:** What is a memorable experience you have had with a person(s) who is different from you (age, religion, gender, culture, etc.), and what did you learn about yourself and/or the other person in that experience?

**Rules:**

- Please do not give verbal or non-verbal comments during someone's story.
- Each person keeps their own time so one will not be interrupted when their time is up.



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# Story Circles Discussion

**Time:** 3 minutes

**Discussion Prompts:**

What is memorable to you about what you heard?

What do you want to explore further after hearing these stories?



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## Story Circles

are currently being used in contexts such as:

- Education
- International projects
- Community development
- Healthcare training etc.





